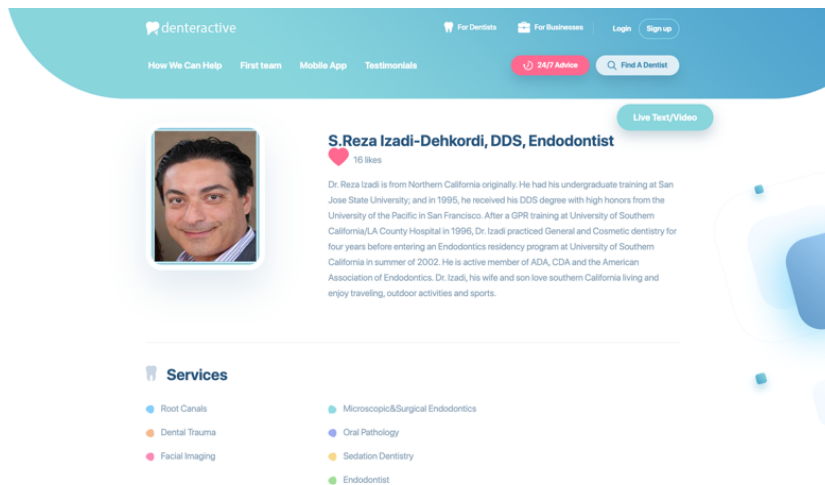# Please follow the instructions below to book your Virtual appointment or instant message with your dentist

1. Click on the link provided to you by your doctor. By clicking on the link, you should see the doctor's profile.

2. Select "Live Text/Video" on your doctors Teledentistry profile page.

    a. Once you click on the Live Text/Video, you will be asked to sign up OR log in for FREE as seen in the picture.
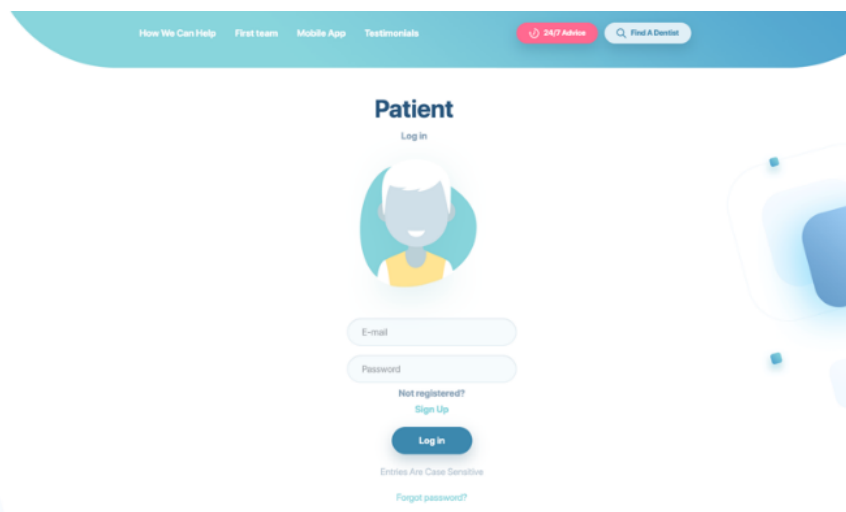
b. Make sure to <mark>read and check the boxes next to all three acknowledgments</mark> for Terms of Use, Privacy Policies and Teledentistry Consent when you create the Teledentistry patient account.

3. Please complete your <mark>"Patient Information"</mark> form and include your insurance information as necessary, a copy will be share with your dentist.
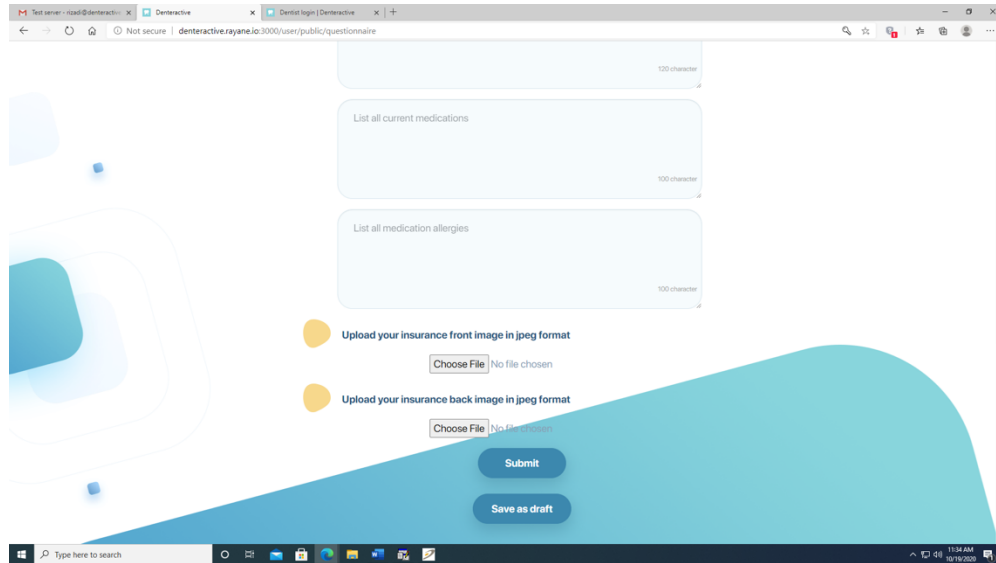
4. Simply Send an "Instant Message" or Select "Video appointment" on your Dentist's Page inside your patient dashboard.
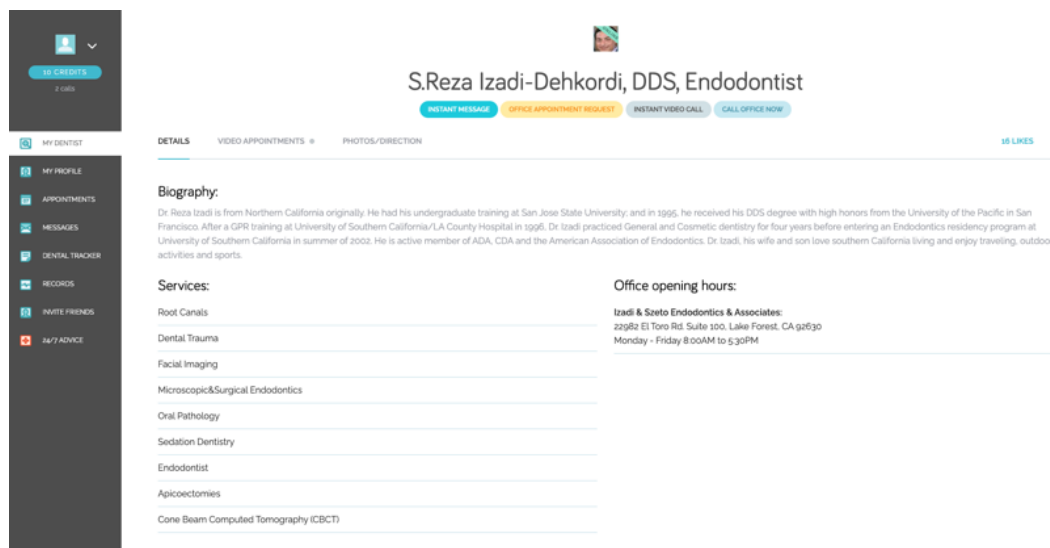
5. Select an available time from ==the doctor's calendar== that are highlighted in light blue.

   a. If there is a time on calendar with a dark blue that means that time is booked already, please select another time.

6. You will get an email confirmation for your appointment.   You should initiate the visit by pressing ==instant video call== at the exact appointment time.

7. If you have any issues with booking the appointment, please call the doctor's office or our support at (949)346-4616